



2018 SUMMER FUN

UNION COUNTY 4-H

Union County 4-H Summer Fun is the best way for youth to spend their summer! Youth will continue to be active learners all through the summer engaging in fun activities. For more information, you may visit go.ncsu.edu/union4hsummerfun to learn more about the different camps and stay updated on camp availability.

Contact Crystal Starkes at 704.283.3735 or crystal_starkes@ncsu.edu

NOTES:

- All ages are determined by January 1st of 2018
- Registration is not complete until all forms and payment are secured
- Spots are limited and are on a first come, first serve basis based off of registration payments
- Each child must have a 2018 4-H Enrollment Packet on file before participation is allowed
- Register for camps in person by stopping by the Extension Office, Monday-Friday, 8:30-5 pm to complete forms and pay



REGISTRATION INFORMATION:

March 19 - 4-Hers & 2017 Participants Only
 April 2 - Open Registration
 May 31 - Registration is Closed

FEATURED CAMPS BELOW, CONTACT LOCAL 4-H OFFICE FOR MORE INFORMATION

Let's Get Creative

June 11-15

Ages: 8-11
 Time: 8 AM - 5 PM
 Cost: \$100

Get creative while you learn the ins & outs of theatre! This camp is sure to be tons of fun!

Kid Chef

June 20-22

Ages: 9-12
 Time: 9 AM - 3 PM
 Cost: \$75

Learn to make some healthy meals with our FCS Agent!

Project Runway

July 16-20

Ages: 9-12
 Time: 8 AM - 5 PM
 Cost: \$100

Do you like designing? Learn how to operate a sewing machine and self-made projects.

STEAM Explorers

August 6-10

Ages: 5-8
 Time: 8 AM - 5 PM
 Cost: \$100

Get messy! Make mistakes! Have fun learning! That's what this camp is all about!

COUNSELOR-IN-TRAINING (CIT)

Are you looking for something for your teenager this summer? Union County 4-H Youth Development Program's Counselor-in-Training (CIT) program is a competitive, service learning opportunity designed for teenagers, 14 years of age or older, who want to further develop their leadership, citizenship, and communication skills as well as gain experience in planning and implementing activities for young children.

The cost is \$50 to cover cost of program, training materials, and uniform.

Applications are available on the 4-H website. The deadline is April 7, 2018. For more information, contact the local office or attend the informational session on March 29, 2018 at 6:30 pm. Please RSVP by March 22 at crystal_starkes@ncsu.edu or 704.283.3735.



NC 4-H CONGRESS



NC 4-H Congress is the highlight event for 4-H teenagers. The event features leadership workshops, hands to service experience, NC State's campus living, downtime with friends, State 4-H presentation competition, Candlelight Clover, State 4-H Officer Elections, and lots of fun! Teens must be between the ages of 13-18 years old. The cost is \$100 (including lodging) after \$180 scholarship from the county. Space is Limited! If you are interested in attending, please contact Crystal Starkes at crystal_starkes@ncsu.edu.

SCHOLARSHIPS

Did you know Union County 4-H offers camp scholarships for youth and families in need of support for summer programming opportunities? You may access the camp scholarship application online or by contacting the local 4-H office at 704.283.3735 or via e-mail at crystal_starkes@ncsu.edu. The application deadline is by end of business day on April 6, 2018. If you have any questions pertaining to scholarships, please contact the local office.

Summer Fun 2018

For more information, contact Crystal Starkes at 704.283.3735

4-Her/2017 Participant Registration Begins: March 19th & Public Registration Begins: April 2nd
Registration Closes: May 31, 2018

1. June 11-15

Let's Get Creative 8am-5pm Ages 8-11 \$100.00

This camp is designed for the young art enthusiasts interested in creative and performing arts. Participants will dive heavily into learning about the various aspects of theatre while tapping into various forms of creative arts. By the end of the camp, each participant will write, direct, and design their very own plan. **Youth must bring bagged lunch.** 12 spaces available

2. June 17-22

Overnight Camp at Millstone 4-H Center Ages 8-14 \$420.00

Campers will canoe, swim, learn archery, go fishing, and participate in crafts and science discovery. Youth gain valuable knowledge and understanding through experimental education or "hands on learning." Transportation, lodging, meals and t-shirt included.

SCHOLARSHIPS ARE AVAILABLE!

3. June 20-22

Kid Chef 9am-3pm Ages 9-12 \$75.00

Participants will explore different variety of foods during this week of cooking. Youth will learn how local foods can be incorporated into a healthy diet and how physical activity is beneficial to all of us. Camp will be taught by Union County's own Family Consumer Science Agent Hayley Napier. **Lunch and snacks will be provided.** 10 spaces available

4. June 25-26

STEM Bytes: Beginner 8am-5pm Ages 7-10 \$50.00

This exciting two-day camp teaches beginners how science, technology, engineering, and math work together to make great things MOVE. In this hands-on beginners camp, youth will build technical skills, perseverance, critical thinking and learn how to work in groups. Participants will also get introduced to the LEGO (c) We Do Robots and build their own robot. **Youth must bring bagged lunch.** 14 spaces available

5. June 27-29

STEM Bytes: Advanced 8am-5pm Ages 10-14 \$75.00

This three-day camp is an extension designed to give youth in-depth, hands-on experience in science, technology, engineering, and mathematics fields. The youth will learn about geospatial technology, coding, robotics, and others. Youth will also get introduced to the LEGO (c) EV3 Robots and build their own robot. **Youth must bring bagged lunch.** 14 spaces available

7. July 9-13

Nature Wonderland 8am-5pm Ages 9-12 \$100.00

Are you interested in learning about nature? Join Union County Extension Master Gardeners for a week of nature wonderland. Campers will learn about bees, bugs, butterflies, worms, local food and much more. They will participate in a wildlife exploration during various field trips and trail walks, including Cane Creek. Youth will create arts and crafts projects to take home and display. **Youth must bring bagged lunch.** 12 spaces available.

6. July 16-20

Project Runway 8am-5pm Ages 9-12 \$100.00

Campers will learn to operate a sewing machine, the difference between fabrics and how to cut out patterns. Campers will end the week with up to five self-made projects. The camp concludes with a mini-fashion show. **Youth must bring bagged lunch.** 12 spaces available

8. July 25-27

Outdoor Explorers 8am-5pm Ages 12-14 \$100.00

This hands-on, outdoor skills learning experience gives youth practical knowledge and the opportunity to utilize their newly acquired skills. Participants will have the opportunity to utilize their newly acquired skills on trips to various local and state parks. **Youth must bring bagged lunch.** 12 spaces available

9. August 6-10

STEAM Explorers 8am-5pm Ages 5-8 \$100.00

This camp combines a child's love for both creative arts and science. Participants will be engaged in hands-on experiments to discover the magic behind the science behind how things work, and get creative by using various supplies to create a unique project daily. **Youth must bring bagged lunch.** 20 spaces available



Union County 4-H Summer Fun 2018

Registration Form



- One form per youth
- All fees must be paid in full upon registration
- All fees are non-refundable (unless program is cancelled by 4-H representative)

Youth Name: _____

Mailing Address: _____

Parent Name(s): _____

Phone Number: Home: _____ Work: _____

Mobile: _____

Work: _____ Mobile: _____

Emergency Contact: _____

Phone Number: Home: _____ Work: _____

Mobile: _____

✓	Date	Program	Class Age	Fee
	June 11-15	Let's Get Creative	8-11	\$100
	June 17-22	Millstone 4-H Camp (overnight)	8-14	\$420
	June 20-22	Kid Chef	9-12	\$75
	June 25-26	STEM Bytes: Beginner	7-10	\$50
	June 27-29	STEM Bytes: Advanced	10-14	\$75
	July 9-13	Nature Wonderland	9-12	\$100
	July 16-20	Project Runway	9-12	\$100
	July 25-27	Outdoor Explorers	12-14	\$100
	August 6-10	STEAM Explorers	5-8	\$100

*******Total Due*******

For Office Use Only

Paid with: _____ Cash
Receipt# _____

Check

Money Order

Scholarship Bucks
Amount: \$ _____

Enrollment Form ☐

Medical Release Form ☐

Code of Conduct ☐

Van Release Form ☐



NC STATE
EXTENSION

4-H Enrollment Form

Name of 4-H Group/Unit: _____

Year: _____

Member Name: _____
First Middle Last

Address: _____
Street Address City State Zip Code

Phone: (____) _____ Email: _____ County: _____

Gender*: ☐ Male ☐ Female Date of Birth: _____ Grade: _____ School Attending: _____

If re-enrolling in 4-H, how many years have you been in 4-H: _____

Do you live*: ☐ Farm ☐ City over 50,000 people
(Choose only one) ☐ Town under 10,000 people or rural non-farm ☐ Suburbs of city over 50,000 people
☐ City 10,000-50,000 people ☐ Military installation: _____

Do you have parent/guardian(s) active in the military? Yes ___ No ___

If yes, circle all that apply: Army Air Force Navy Marines Coast Guard National Guard(Air & Army) Reserves

Ethnic group:* A. Choose One: ☐ Hispanic or Latino ☐ Non-Hispanic or Latino

B. Choose all that apply:

☐ White or Caucasian ☐ Asian
☐ Black or African-American ☐ Native Hawaiian or other Pacific Islander
☐ American Indian or Alaska Native ☐ Other _____

Parent or Guardian: _____
First Middle Last

Address: _____
Street Address City State Zip Code

Phone: _____ (____) _____ (____) _____
Area Code Daytime/Cell phone Area Code Home phone Email (if applicable)

Additional Parent or Guardian: _____
First Middle Last

Address: _____
Street Address City State Zip Code

Phone: _____ (____) _____ (____) _____
Area Code Daytime/Cell phone Area Code Home phone Email (if applicable)

1. A parent or guardian should sign below whichever statements you wish to apply to the youth's involvement in 4-H programs.

_____ I agree to allow 4-H to take photographs/audio/video of my child for use in 4-H and other N.C. Cooperative Extension educational, promotional, and/or marketing materials. Neither individual addresses nor telephone numbers will be published within these materials.

_____ I do not wish for 4-H to take photographs/audio/video of my child for use in 4-H or N.C. Cooperative Extension educational, promotional or marketing purposes.

2. The enrolling youth is bound by the NC 4-H Code of Conduct and Disciplinary Procedure for 4-H events and activities. The youth should initial here if he/she has received and reviewed the NC 4-H Code of Conduct and Disciplinary Procedure for 4-H events and activities: _____.

**This information is required for all federally assisted programs and is solely used for the purpose of determining compliance with Federal civil rights laws; your responses will not affect consideration of your application. By providing this information, you will assist us in assuring that this program is administered in a nondiscriminatory manner.*

For office use only
4-H Membership # _____
Date entered: _____

NC STATE UNIVERSITY

Revised 10/21/13

Distributed in furtherance of the acts of Congress of May 8 and June 30, 1914. North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, or disability. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina State University, North Carolina A&T State University, U.S. Department of Agriculture, and local governments cooperating.

NC 4-H Youth Development Health History & Authorization Form



NC STATE
EXTENSION

4-H Group / County: _____

Year: _____ *(Must be updated each year)*

4-H'ers Name: _____
Last Name
First Name
Middle Initial

Birth Date ____/____/____ Age as of Jan. 1 ____ Gender: ☐ Female ☐ Male Email: _____

Address: _____
Street
City
State
Zip Code

Custodial Parent/Guardian Name: _____ Phone: (____) _____

Second Parent/Guardian or Emergency Name: _____

Address: _____ Phone: (____) _____

If not available in an emergency, notify (Name): _____

Relationship: _____ Phone: (____) _____

Health History

The following information should be filled in by the parent/guardian, or adult. Update required annually. For residential camp attendance, health exam must be completed by an approved licensed medical personnel within 24 months of participation in the camp. The intent of this information is to provide NC 4-H health care personnel the background to provide appropriate care. Keep a copy of the completed form for your records. Any changes to this form should be provided to NC 4-H. Provide complete information so that the NC 4-H can be aware of your needs.

MEDICATIONS

Please list **ALL** medications, even over-the-counter or nonprescription drugs, including Tylenol, Pepto-Bismol, Benadryl, etc. that may be taken. If attending out of county events, bring enough medication to last the entire time you are away. Keep it in the original packaging/bottle that identifies the prescribing physician (if prescription drug), the name of medication, the dosage, and the frequency of administration.

☐ This person takes NO medications on a routine basis

☐ This person takes medications as follows:

Med#1 _____ Reason _____ Dosage _____ Time taken _____

Med#2 _____ Reason _____ Dosage _____ Time taken _____

Med#3 _____ Reason _____ Dosage _____ Time taken _____

Med#4 _____ Reason _____ Dosage _____ Time taken _____

This person may take the following medications as needed:

☐ Aspirin ☐ Tylenol ☐ Ibuprofen ☐ Benadryl ☐ Pepto-Bismol ☐ Other _____

Known allergies to foods, drugs, insect stings or bites, etc: _____

Restrictions - The following restrictions apply to this individual:

Dietary

☐ Vegetarian

☐ Vegan

☐ Other (describe) _____

Explain any restrictions to activity (e.g. what cannot be done, what adaptations or limitations are necessary): _____

General Questions (Explain "yes" answers.)

Has/does the participant:

Yes No

1. Had any recent injury, illness or infectious disease?
2. Have a chronic or recurring illness/condition?
3. Ever been hospitalized?
4. Ever had surgery?
5. Have frequent headaches?
6. Ever had a head injury?
7. Ever been knocked unconscious?
8. Wear glasses, contacts or protective eye wear?
9. Ever had frequent ear infections?
10. Ever been dizzy/passed out during or after exercise?
11. Ever had seizures
12. Ever had chest pain during or after exercise?

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13. Ever had high blood pressure?
14. Ever been diagnosed with a heart murmur?
15. Ever had back problems?
16. Ever had joint problems?
17. Have any skin problems?
18. Have diabetes?
19. Have asthma?
20. Had mononucleosis in the past 12 months?
21. Have problems sleepwalking?
22. Have a history of bed wetting?
23. Ever had an eating disorder?

Yes No

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Special medical concerns or conditions that event supervisors should know about, including contagious illnesses, epilepsy, asthma, diabetes, previous injuries to bones/joints, etc:

- ☐ Measles
- ☐ Chicken pox
- ☐ German measles
- ☐ Mumps
- ☐ Hepatitis A
- ☐ Hepatitis B
- ☐ Hepatitis C

TB Mantoux Test Date of last test _____
Result: ☐ Positive ☐ Negative

Use this space to provide any additional information about the participant's behavior and physical, emotional or mental health about which the NC 4-H should be made aware.

Address: _____

Street Address *City* *State* *Zip Code*

Address: _____

Street Address *City* *State* *Zip Code*

Insurance Information

The 4-H program purchases accident insurance for youth participants for many sponsored events. This coverage is not a substitute for personal health insurance, and may not cover all accident or medical expenses. Therefore, medical providers may find it necessary to bill the family or your insurance company for medical services rendered. Please provide the following information:

Company Telephone Number ()

Authorization Form

Custody Release: You may be asked to produce photo ID at check-out. This is for your child's safety. Please be aware of this policy before picking up your child. I hereby give permission for my child, _____, to be allowed to leave the 4-H program after the activity. My child will be released into the custody of:

(Names of Individuals authorized to pick up your child)

If it is necessary for my child to leave before the end of the program due to illness, injury, or behavioral issues, and I cannot be reached, I hereby give permission for my child to be released into the custody of:

(Emergency contact or other individual authorized to pick up your child)

For 4-H Use Only: 4-H'er picked up by: _____ Staff Signature _____

Parent/Guardian Authorization: This health history is correct and complete as far as I know. The person herein described has permission to engage in all 4-H activities except as noted.

I hereby give permission to the NC 4-H to provide routine health care, administer prescribed medications, and seek emergency medical treatment including ordering x-rays or routine tests. I agree to the release of any records necessary for treatment, referral, billing or insurance purposes. I give permission to NC 4-H to arrange necessary related transportation for me/my child.

The person herein described has permission to engage in all 4-H activities except as noted here: _____

In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by NC 4-H to secure and administer treatment including hospitalization, for the person named above. This completed form may be photocopied for trips out of county.

Signature of parent/guardian, or adult camper/staffer: _____

Printed Name: _____ Date: _____



**4-H Code of Conduct and Disciplinary Procedure
North Carolina Cooperative Extension Service
Department of 4-H Youth Development**



I. Purpose and Application:

- A. The 4-H Code of Conduct is intended to foster a safe environment that is conducive to optimal learning and growth. Toward that end, youth participants are expected to behave in a way that respects the rights and property of others, and that will not disrupt or interfere with 4-H program goals.
- B. This 4-H Code of Conduct and Disciplinary Procedure is a condition of participation in any North Carolina 4-H activities or programs.

II. Behaviors Prohibited at 4-H program Activities:

- A. Possession, selling, and/or use of alcoholic beverages, tobacco products, and illegal drugs OR being present where individuals are using alcohol, tobacco products and/or any illegal substances
- B. Any kind of sexually-related physical contact
- C. Possession of weapons or firearms (except while participating in a 4-H Shooting Sports Event)
- D. Behavior that violates state or local laws
- E. Damage to property of others
- F. Theft, misuse or abuse of public or personal property
- G. Conduct that jeopardizes the safety of self or others
- H. Conduct that disrupts or interferes with 4-H programming
- I. Leaving a program or facility without permission of parents or 4-H staff (including authorized volunteers)
- J. Inappropriate dress, including but not limited to clothing that is sexually suggestive, indecent, or otherwise disruptive to the operations or goals of 4-H. Examples include clothing with negative or hateful language or symbols; see-through blouses, skirts or pants; sagging pants; exposed undergarments; bare midriff shirts; and excessively short or tight garments. Clothing should meet the standards expected in public schools. Specific clothing requirements may be required where appropriate for a particular event
- K. Unruly behavior in hotels and public areas, particularly during overnight events. There should be no running in the halls, prank calls, unnecessary noise, excessively late hours, or visiting in rooms of the opposite sex

III. Disciplinary Procedures:

- A. Discipline may be imposed by any 4-H staff or Cooperative Extension Service employee who has oversight responsibility for 4-H activities.
- B. Unless immediate action is required, the following procedures must take place before there can be any finding or conclusion of guilt:



- 1) the accused participant shall be told the charge (which of the prohibited behaviors listed above he or she is accused of violating), and
 - 2) the accused participant is told what factual evidence supports the charge, and
 - 3) the accused participant has been given a chance to tell his/her side of the story.
- C. The 4-H staff person must be satisfied that the participant more likely than not engaged in the prohibited behavior before imposing a sanction.
- D. Sanctions may include some or all of the following:
- 1) Verbal warning
 - 2) Notification to parents
 - 3) Immediate removal from the activity
 - 4) Being placed on a behavior contract
 - 5) Referral to local law enforcement and/or juvenile court
 - 6) Program suspension and/or
 - 7) Expulsion from program
 - 8) Other sanctions appropriate to the circumstances, as determined by 4-H.
- E. Appeals
- 1) Disciplinary action for local or county-level events may be appealed to the County Director and or 4-H Agent. All appeals must in writing and must be received by the County Director and or 4-H Agent within 30 days of the disciplinary action. The County Director and or 4-H Agent or designee shall review the appeal statement, any written response from the decision maker, and may review other relevant information. The County Director and or 4-H Agent shall send a written decision to the appellant, the 4-H staff member who made the initial decision, and Head of the Department of 4-H Youth Development. The County Director and or 4-H Agent's appeal decision shall constitute the final agency action unless the Department Head chooses to exercise further review.
 - 2) Disciplinary action for regional or state-level events may be appealed to the Head of the Department of 4-H Youth Development, Cooperative Extension Service, Box 7606, NC State University, Raleigh NC 27695-7606; telephone (919) 515-3242. All appeals must in writing and must be received by the Department within 30 days of the disciplinary action. The Department Head or designee shall review the appeal statement, any written response from the decision maker, and may review other relevant information. The Department Head shall send a written decision to the appellant and the 4-H staff member who made the initial decision, and the Department Head's appeal decision shall constitute the final agency action.
- F. Immediate action situations:
- 4-H or Extension staff may take immediate action to remove a participant from an activity and other action as needed, where there is an emergency situation or significant risk of continuing misconduct. In those cases, the immediate action is temporary discipline and the 4-H or Extension staff must arrange for the procedures in parts B, C, D, and E above as soon as possible but in no event longer than seven days from the temporary discipline.

**CONSENT, RELEASE AND WAIVER OF LIABILITY FORM
FOR USE OF AND TRANSPORTATION BY THE
UNION COUNTY
4-H VAN**

Date of trip/event: 2018 Summer Fun Activities

I am the parent/guardian of the minor child named below (the "participant") or I am the adult "participant" and am fully competent to sign this agreement.

I understand that use of and transportation by the Union County 4-H van involves risk of injury or death. The participant is in good health and deemed able to be transported by the Union County 4-H van. In addition, the participant has adequate health insurance necessary to provide for and pay any medical costs that may arise as a result of injury to the participant.

I further agree that NCSU, the Union County 4-H program, the County of Union and their officers, trustees, agents or volunteers shall not be liable for any claims, demands, actions or causes or action arising out of or in any way connected with the "participant's" participation in the use of and transportation by the Union County 4-H van, specifically including, but not limited to liabilities, claims, demands, actions or causes of action relating to bodily injury (including death) and property damage suffered by the "participant". Therefore, on behalf of the "participant", the parents/guardians of the "participant", and the heirs and assigns of all the foregoing, I do hereby forever release and discharge NCSU, the Union County 4-H program, the County of Union and their trustees, officers, employees, agents, volunteers, from all such liabilities, claims, demands, actions or causes of action.

With all of my questions answered to my complete satisfaction, I consent to the "participant's" participation in the use of and transportation by the Union County 4-H van and accept the regulations, vehicle and equipment used in connection therewith, fully aware of the risks that may be involved. I execute this Consent, Release and Waiver of Liability for full, adequate and complete consideration fully intending for myself, for the "participant" and for the "participant's" family, estate, heirs, administrators, personal representatives or assigns to be bound by the same.

THIS IS A RELEASE OF LEGAL RIGHTS; READ CAREFULLY BEFORE SIGNING.

Name of Participant (please print)_____Date_____

Signature of Participant_____Date_____

Name of Parent/Guardian(please print)_____Date_____

Signature Parent/Guardian_____Date_____
(On behalf of both Parents/Guardians)