



N.C. Cooperative Extension
Union County Center
4-H Youth Development
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Dear Future Counselor in Training (CIT) Applicant:

As the summer season approaches, Union County 4-H Youth Development Program's Counselor in Training (CIT) Program registration is underway. The CIT Program is a competitive, service learning opportunity designed for teens, 14 years of age or older, who want to further develop their leadership, citizenship, and communication skills as well as gain experience in planning and implementing activities for young children. You must have an interest in working with children. You must be willing to work hard and be a responsible leader.

CITs are expected to lead various activities based on topic(s) that he or she may be interested in sharing with the younger campers, and assist the staff with tasks pertinent to the Summer Fun program. The participants are held to high expectations. They are expected to meet the responsibilities given to them and set an example to the younger campers as well as their fellow peers.

The CIT Program is an exciting experience Union County 4-H Youth Development Program is pleased to offer to the area teenagers. This program is ultimately about discovering what you are capable of, finding your inner leader, and creating a lasting experience.

There is a minimal cost of \$50 to participate in the program. This fee is due at the first training session in April. The fee helps reduce cost of program, training materials, and uniform. Enclosed you will find the application for the program. Please submit it to the 4-H Youth Development office as soon as you can. The deadline is April 3, 2020 at 5 p.m. Spaces are competitive and limited.

If you have any questions regarding the program or would like to learn more, please contact the local 4-H office at 704.283.3735 or 704.283.3740. I look forward to hearing from you.

Sincerely,

A handwritten signature in black ink that reads 'Crystal Starkes'.

**Crystal Starkes
4-H Agent**



Program Overview:

The Counselor-in-Training Program is designed to teach leadership, citizenship, and communication skills to teenagers, 14 years of age or older*. The program is a trained service learning opportunity that is defined by the following criteria: community service and an intensive training on leadership, behavior & conflict management, ages and stages of children, team building, and program planning. Each week, CITs will work alongside the 4-H Program Assistant and Summer Fun Interns to execute the programs and educate the younger children in a fun manner. As a part of their experience, CIT participants will be responsible for keeping a journal to document their experience, completing First Aid/CPR certification training hosted by the 4-H program, meeting periodically with 4-H staff, and completing the necessary trainings. After training, the participants of the CIT program will be confident, more enthusiastic, and ready to educate the youth during the Summer Fun program.

Program Requirements:

- Participants must be **14 years of age or older***
- Commit to at least two weeks during a designated program week
- Completed Application
- Must pay a fee of **\$50**, which is due at first training session.
- Attend the **three** mandatory training sessions (April 25, May 2, and May 30)
- Notify 4-H Program Assistant or 4-H Agent if you will not be able to work a scheduled day for a valid reason.
- Please do not sign up for a week that you know will conflict with already arranged schedule.

As a CIT, youth will:

- Be mentored by Leadership team
- Be a part of a day camp set up
- Document their experience
- Set and track goals
- Get to know other participants in his or her age group
- Help all participants to engage in the program experience
- Foster the purpose of 4-H
- Be a great role model
- Build lasting friendships
- Learn valuable 21st Century leadership skills
- Make lifelong impressions on youth

To Apply:

Completed applications are due by April 3, 2020. The fee is **not** required until you have been accepted into the program. Acceptance into the program will be announced by April 13, 2020 via a letter to the address on your application.

Applications can be faxed to 704-283-3734, Attn: Crystal Starkes, e-mailed to crystal_starkes@ncsu.edu, or mailed to: Union County 4-H Youth Development, Attn: Crystal Starkes, 3230-D Presson Road, Monroe, NC 28112.

For more information, contact **4-H Program Assistant Leah Joyner** at **704-283-3740** or via e-mail at leah_joyner@ncsu.edu. You may also contact **4-H Agent Crystal Starkes** at **704-283-3735** or via e-mail crystal_starkes@ncsu.edu.

Summer 2020 Counselor-in-Training Application

General Information:

Name: _____

Name you prefer to be called: _____ Birthdate: _____

School: _____ Grade: _____

Home Address: _____

City: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

E-mail: _____

Parent/Guardian Name: _____

Relationship: _____ Phone: _____

Are you a returning CIT? _____

Are you currently a member of 4-H? _____ If so, how long? _____

Have you ever participated in a 4-H Summer Fun program? _____

How did you hear about the Counselor-in-Training Program? _____

Placement Selection:

Please X which two camps you would like to serve as a CIT. If a camp has an **asterisk beside it then CITs must be 15-years-old or older. This selection should be based on your interest and strength in those areas. You may select more than two, but you are only required to serve for two weeks of camp. For instance, if I am a fan of art and drawing, I would select the camp that focus on creative arts.

X	Camp Program	Date
	Beyond the Backyard: Exploring Nature	June 15-19
	Kid Chef: Beginner, Kid Chef : Advanced	June 22-26
	Cloverbud Robotics, Day of Service	June 29-July 1
	KidBots Robotics	July 6-10
	Project Runway: Sewing 101	July 13-17
	Animal Adventures**	July 27-31
	Baking Buddies, Krafty Kids	Aug. 3-7
	Mad Scientists	Aug. 10-13
	Forensics Biomedical Engineers, Adulting 101 **	Aug. 17-18, 20-21

** - CITs must be 15-years-old or older

Selection Process:

- Completed applications will be reviewed by a committee.
- Applications will not be considered "complete" until ALL components are received including: application and references.
- Selections will be made and participants will be notified by April 13, 2020.
- All applications will remain confidential.
- North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, veteran status, or disability. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina State University, North Carolina A&T State University, U.S. Department of Agriculture, and local governments cooperating.

Office Use Only:

References:

Please list two references (not including family members - include names, phone numbers, organization, and job title.

Tip: A good reference is from someone who knows you well and will be able to speak their best knowledge of you. This could be your principal, counselor, a teacher, coach, club leader, or other adult community leaders.

Reference#1 Name _____

Telephone #: _____ Position/Title: _____

Organization: _____

Reference#2 Name _____

Telephone #: _____ Position/Title: _____

Organization: _____

Participant Agreement:

I certify that all information provided is correct. I have read through and understand the Counselor-in-Training Program requirements and policies. If selected, I will meet and abide by the requirements set forth.

Signature

Date

Parental Permission Form:

Parent/Guardian:

Your child expressed an interest in the Counselor-in-Training Program. By applying for this program, your child is making a commitment to take part in a remarkable program in Union County 4-H. This form is to verify that you are aware of your child's interest and understanding of the NC 4-H Code of Conduct and Disciplinary Procedures, program requirements, and dates. Upon the selection to participate, the CITs are expected to attend all programs and activities unless there is a valid reason such as illness, doctor visit, school activity, death in the family. Please make sure your child has chosen two weeks that do not conflict with your schedule already planned for the summer. You are responsible for reading this information in full before signing this form. Please keep the program overview and letter as a reference. Applications will be reviewed in confidence and applicants will be notified in writing of the selection decision. At the orientation in April, if selected and not already a member of 4-H, your child will be expected to fill out the 4-H Enrollment Form and Medical Release form in addition to the application.

I have read and understand the Counselor-in-Training Program requirements. My son/daughter has my support and permission to participate in the 2020 Counselor-in-Training Program.

Signature

Date

Why Counselor-in-Training

1. Why should you be selected to participate in the Counselor-in-Training Program?

2. What do you expect to gain from this experience?

3. What are the main qualities of a leader? How do you exemplify those qualities? List examples.

4. What are your strengths? What are your weaknesses? What steps are you taking to make it a strength?

5. Based on one of the weeks you have chosen, what is an activity you would like to do with the campers?

If you need additional space, you may write on a separate sheet.