

The Market Minute

UNION COUNTY FARMER'S MARKET MONTHLY UPDATE

HAPPY NEW YEAR!

As we all gladly showed 2020 to the door, we welcomed 2021 in with hopes of many improvements.

While everyone's idea of improvement may vary, one common goal we all seem to have in the new year is to embark on leading a healthy lifestyle. What better place to start than your local farmers market?

The Union County Farmer's Market is open every Saturday, currently 10am-1pm.

Did you know there are plenty of fresh local vegetables available throughout Winter here in Union County?

Our farmers have sought after fruit and vegetable varieties that will grow in this climate. Some have even incorporated greenhouses and high tunnels at their farms to extend the growing season.

Keep reading to find out what produce and other commodities are available in January and February at the Union County Farmer's Market, located at 805 Skyway Dr.



NC COOPERATIVE
EXTENSION

FARMERS ATTENDING AND WHAT THEY'RE BRINGING

Listed in Alphabetical Order

Cane Creek Farm- Free-range chicken eggs, farm fresh quail eggs, dried and fresh herbs

Country Charms Cookies- Artisan baked assortment of cookies, pies, dessert breads, cakes, Valentine's Day specialty cookies and pretzels

Crossroads Farm- Sweet potatoes, white potatoes, broccoli, cabbage, elderberry syrup, free-range eggs, local honey, greens, collards, turnips, shelled pecans

Dreamy Acres Farm- Hand-crafted goat soap (goat milk collected from farm), hand-poured soy candles, wax melts, lotions, creams, balms, bath bombs, salt scrubs

Elkins Produce- Sweet potatoes, white potatoes, broccoli, cabbage, elderberry syrup, free-range eggs, local honey, greens, collards, turnips, shelled pecans

Golden Delights Honey- Local honey in various size containers, honey sticks, honey with comb

Greene Farm Beef- Pasture raised beef (assorted cuts), horseshoe art

Greenworks- Succulents, live plants such as sage, basil and watercress.

Produce including Jerusalem artichokes, carrots, green onions, green garlic, salad turnips, baby purple top turnips, mixed salad greens, fresh and dried cut herbs.

Kay's Cakes- Fresh baked pies, cakes, breads, trail mix

Minnie's Breadbasket- Fresh baked sourdough bread, pies, pound cakes, mini pies

Mint Hill Rockstore BBQ On-The-Go- Fresh Carolina BBQ sandwiches, bulk BBQ, chicken BBQ sandwiches, Brunswick stew, mac & cheese, baked beans

My Fellow Friends- Butternut squash, collards, cabbage, kohlrabi, roasted coffee beans and ground, pecan and peanut brittle

Peaceful Meadows Farm- 100% Grass-fed beef, forest-raised non-GMO fed pork, pasture raised chicken, free range chicken eggs

Rocky River Farm- Pasture raised beef, pork and chicken, dog treats, free range chicken eggs, free range duck eggs, Brown Creek Creamery cheese, elderberry syrup, local honey, Olive Crate oils and vinegars

Winding Brook Farm- Variety of mushrooms, grow bags, seeds, pinecones, loofah seeds

Sister's Kitchen Delights- Home-made canned jellies and jams (assorted flavors)



Open EVERY Saturday
10am-1pm
805 Skyway Dr.

